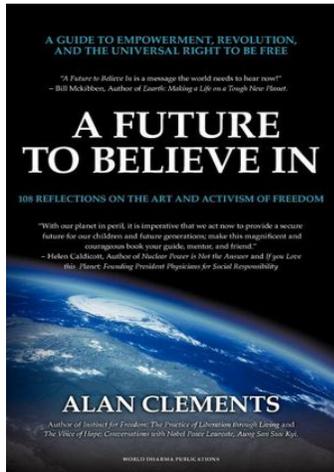


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“A Future to Believe In is a message the world needs to hear now!”

— Bill McKibben, Activist, Educator, and Author of *Earth: Making a Life on a Tough New Planet*



Transforming Consciousness as the Basis of Freedom and Dignity

A FUTURE TO BELIEVE IN

108 Reflections on the Art and Activism of Freedom

By Alan Clements

“A Future to Believe In is a treasure, not a book. It is a startling distillation of Clements’ life’s practice, a mala of contemplative activism, peppered with wisdom, a mala of verbal jewels that encircle the heart and provoke one’s insight past the familiar nostrums that rain upon the world.” — Paul Hawken. This unique handbook, designed as a life-long companion, is a symphony of transformational

intelligence, with hundreds of the world’s finest artists, activists, and risk-takers — explorers of life and consciousness — interwoven with Clements’ most compelling life-lessons, questions, and discoveries from a four decade long *pursuit of truth and freedom*: an epic journey that has taken him from the sacredness of monastic silence deep into the dark heart of war zones. A radical blend of cultural commentary, political punditry and spiritual inquiry, this field guide for revolutionaries and a model for a new society, is meant to liberate the human spirit — igniting courageous transformation in one’s daily life and revolutionary change around the world. Burma’s Nobel Peace laureate, Aung San Suu Kyi, with whom Clements coauthored *The Voice of Hope*, calls this new language of freedom *a revolution of the spirit*. By merging timeless spiritual values with environmental sanity and nonviolent political actions we can unite to cocreate a future to believe in — a world at peace, freed of domination, exploitation, and all types of degradation.

“This book should be made mandatory world-wide for all heads of state.”

~ Lissa Wolsak, Award winning Poet and Author of *In Defense of Being* and *Squeezed Light*

ALAN CLEMENTS is a media activist, performing artist, and a leading voice in the *world dharma* movement — a leaderless freedom born from merging contemplative practices with creative expression, nonviolent revolution and the universal right to be free. He was the first American to ordain as a Buddhist monk in Burma, where he lived for nearly five years under one of the world’s most repressive regimes. Forced to leave Burma by the dictatorship, with no reason given, he has returned numerous times to witness and document the human rights violations. He is now “blacklisted” from reentering the country. He is the author of *Burma: The Next Killing Fields?*, *The Voice of Hope*, *Instinct for Freedom*, and coauthor of *Burma’s Revolution of the Spirit*. He is cofounder and director of The Burma Project USA and the World Dharma Online Institute. He has been interviewed for Nightline, CBC, Talk to America, the New York Times, Newsweek and Time magazines, Utne, Yoga Journal and other media. He has presented at Mikhail Gorbachev’s State of The World Forum and delivered a keynote for Amnesty International’s 30th year anniversary in Los Angeles. www.AlanClements.com.

“This book is the music of wisdom, a dance with the finest places of the human heart. It is also like a walk with your favorite friends, mentors and teachers as they point out the beauties of the journey. You will want to keep this timeless treasure within reach, so you can open it to any page, and let a paragraph or a line ignite you again to the truth of your own being.”

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Praise for *The Voice of Hope — Conversations with Aung San Suu Kyi*

“The Voice of Hope is a message that the world should hear.”

— Former US President Jimmy Carter

“Every leader on the planet should read this book at least once.”

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One of the most important and compelling voices of our times . . . Alan Clements is a riveting communicator — challenging and inspiring. He articulates the essentials of courage and leadership in a way that can stir people from all sectors of society into action; his voice is not only a great contribution during these changeable times, it is a needed one.”

— Jack Healy, former director of Amnesty International

“Alan’s life is material for a legend. An intellectual artist, freedom fighter, former Buddhist monk, he shares his insights and experience with a passion rarely seen and even more rarely lived. He’ll make you think and feel in ways that challenge your entire way of being.”

— Catherine Ingram, *In the Footsteps of Gandhi* and *Passionate Presence*

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On Sale Everywhere both Print and E-book | World Dharma Publications

ISBN: 978-0-615-52142-8 | \$19.95 | 262 page

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